

morris county park commission

Cooking Demonstrations

Sunday, January 27

1 pm - 3 pm

Winter Food to Warm Your Heart and Hearth



It's cold outside and the gardens are covered in snow, but the best way to take away the chill is to cook food that is comforting and delicious. Spend a winter afternoon with chef Cynthia Triolo learning new recipes that make your kitchen the heart of your home.

Cost: \$25 members / \$30 non-members



Sunday, March 24

1 pm - 3 pm

Spring Awakening

Spring is when we start thinking about asparagus, arugula, peas, and many other springtime favorites. Chef Cynthia Triolo will make the most of the start of the growing season with new recipes and techniques.

Cost: \$25 members / \$30 non-members



The Frelinghuysen Arboretum

353 East Hanover Avenue • Morris Township, NJ

Register at arboretumfriends.org

enjoy the
experience

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